

SPORTS INJURY FACTS

Updated October 2007

In addition to the fact that the annual number of firearm accidents is at an all-time recorded low, hunting remains one of the safest recreational/sports activities.

<u>ACTIVITY</u>	<u>PARTICIPANTS</u>	<u>ANNUAL INJURIES</u>	<u>INJURIES PER 100,000</u>
Basketball	29,900,000	512,213	1,713
Bicycle riding (a)	43,100,000	485,669	1,127
Football	17,800,000	418,260	2,350
Soccer	14,100,000	174,686	1,239
Swimming	58,000,000	165,725	286
Baseball	14,600,000	155,898	1,068
Skateboarding	12,000,000	112,544	938
Softball	14,100,000	106,884	758
Horseback riding (b)		73,576	
Weight lifting	35,500,000	65,716	185
Fishing	43,300,000	63,026	146
Roller skating (b)	26,900,000	61,938	230
Snowboarding	6,000,000	57,113	952
Volleyball	13,200,000	52,091	395
Golf	24,700,000	34,382	139
Wrestling (b)		33,731	
Martial arts	4,700,000	25,263	538
Cheerleading	3,300,000	24,462	741
Bowling	45,400,000	22,155	49
Tennis	11,100,000	19,487	176
Ice skating (b)		19,388	
Ice hockey	2,400,000	18,584	774
Snowmobiling (b)		12,586	
Boxing (b)		12,238	
Racquetball (b)		7,783	
Water skiing	6,700,000	7,495	112
Billiards, pool	37,300,000	5,878	16
Mountain climbing (b)		4,078	
Archery	6,800,000	3,568	52
Horseshoe pitching (b)		2,473	
Hunting (c)	14,600,000	445	3

(a) Excludes mountain biking

(b) Participant data not available

(c) Includes gunshot and non-gunshot injuries, such as falls from tree stands.

Because the number of participants, frequency and duration of the sport varies with the respective sports, these numbers are approximations. Participant numbers include those seven years of age or older who participated more than once per year except for bicycle riding and swimming, which include those who participated six or more times. Injury numbers include only injuries treated in hospital emergency facilities.

Sources: National Safety Council, *Injury Facts 2007 Edition*; International Hunter Education Association.

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